

How can our Training and Support Programs help you?

Witmore Training and Support Programs will assist you to:

- ◆ **Maintain and develop life skills and independence** - Cooking, health and hygiene, fitness, time and money management, CPR
- ◆ **Develop social networks** - Personal and social skills development, community outings and activities and social activities
- ◆ **Access community services** - Shopping, banking and outings
- ◆ **Participate in Learning skills and development** - Work readiness, training and volunteering
- ◆ **Achieve your individual goals** - Pursue individual hobbies and interests
- ◆ **Participate in the community**
- ◆ **Participate in a variety of activities**



Need more information or like to apply?

For further information on any of our programs, or if you would like to apply please contact:

Witmore Training and Support

45 Magpie Street Singleton NSW 2330

P.O Box 106 Singleton NSW 2330

Ph/Fax: 0265 722578

Email: admin@witmore.org.au

Web: www.witmore.org.au



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If you do not understand this document, please contact the Telephone Interpreting Service on 131450 and ask them to phone Witmore Enterprises Incorporated on 0265 722578



Witmore Training & Support Information



Providing supported employment and training to people with a disability in the Singleton District since 1958

PH: 0265 722578

Welcome to Witmore Enterprises Incorporated (WEI). Our Mission Statement is to facilitate equitable, inclusive communities.

We will do this by:

- ◆ Creating opportunities in employment and training
- ◆ Tailored support focussing on success, strengths and abilities
- ◆ Experienced, qualified and dedicated staff
- ◆ Diversity, Dignity and Respect
- ◆ Innovation, Value and Excellence

We have two service divisions; Supported Employment and Witmore Training and Support (WTAS) which offers the following Day Programs:

- ◆ Transition to Work (TTW)
- ◆ Community Participation (CPP)
- ◆ Active Ageing (AAP)

The operating hours for our programs are 9am to 3pm Monday to Friday.

Witmore Enterprises Incorporated is a registered charity and funding for WTAS is provided by Ageing Disability and Home Care Department of Human Services NSW (ADHC).



About our Programs

Transition to Work (TTW)

- ◆ Vocational and Life Skills development from school to the workforce
- ◆ Certificate 1 - Work Skills
- ◆ CPR and Basic First Aid Skills
- ◆ Supported Work Experience
- ◆ Two (2) year program
- ◆ Clients will attend three (3) days per week



Active Ageing (AAP)

- ◆ New program commenced in 2009
- ◆ Day Programs and Activities for people with a disability who are aged between 55-64 years and registered with ADHC
- ◆ Maintain and support current interests
- ◆ Therapeutic activities such as art, music, relaxation, pet care and gardening in raised garden beds
- ◆ Community access and support
- ◆ Ongoing program
- ◆ Clients will attend three (3) days per week depending on their support needs



Community Participation (CPP)

- ◆ Community Living Skills
- ◆ Basic Preparation and Cooking Skills
- ◆ Cottage Craft Skills
- ◆ Art Skills
- ◆ Music Therapy and Participation
- ◆ Relaxation and Meditation Skills
- ◆ Community Access with Supported Outings
- ◆ Flexible Service and Individual Needs Programs
- ◆ Ongoing program
- ◆ Clients will attend four (4) or five (5) days per week depending on their support needs

